

# SPA MENU



# MASSAGE THERAPIES

Our experienced spa therapists combine ancient healing wisdom from around the world with modern therapies to provide a range of massage techniques that restore inner calm and rejuvenate the body.

PÜROVEL MOUNTAIN STONE MASSAGE - 90 minutes IDR 1,415

Inspired by the use of Swiss Mountain Stones, this east meets west traditional therapy soothes muscle tension and encourages circulation and a restful state of mind. Using nourishing essential oils and warm volcanic stones to help tired muscles relax, the therapy promotes a restful state of mind.

REFRESHING RELAXATION - 60 / 90 / 120 minutes IDR 988 / 1,415 / 1,910

This massage uses long, soothing strokes to relax muscles and adding the lymphatic and circulatory systems.

BALINESE MASSAGE - 60 / 90 / 120 minutes IDR 988 / 1,415 / 1,910

Inspired by massage techniques developed in Bali, this ritual includes acupressure, skin rolling, firm and gentle stroking and application of essential oils, ideal for relaxation. This treatment focuses on tension relief using a combination of traditional massage techniques.

WELL-BEING MUSCLE RECOVERY - 60 / 90 / 120 minutes IDR 988 / 1,415 / 1,910

This medium of a deep pressure, full body massage is designed to improve energy levels, promote sound sleep and melt away muscle tension. It is the ideal massage for active people who require muscle recovery.

TENSION SOOTHER - 30 minutes IDR 495

A reviving back, neck and shoulder massage, using therapeutic trigger techniques to relieve muscle tension and restore mobility and alignment of the back and spine.

RELAXED FEET - 30 / 60 minutes IDR 495 / 865

A signature treatment is a fusion of massage techniques that release aches and pressure in the feet by restoring balance to the meridian lines and zones of your legs.

HEAD MASSAGE - 30 minutes IDR 495

A therapeutic massage that relaxes your muscles and relieves tension in your head, neck and shoulders.

\*All prices are in thousands of IDR and subject to 21% govt tax and service charges

## BODY THERAPIES

Let the pampering begin: Renew your body, mind and spirit with special treatments that are made from vitamins and minerals.

ROMANTIC HARMONY FOR TWO - 120 minutes IDR 3,015  
A pampering experience for two, a foot-cleansing ritual followed by an hour-long aromatherapy massage and a soothing bath.

ROYAL LULUR BODY SCRUB WITH YOGHURT SPLASH - 120 minutes IDR 1,845  
Indulge in the centuries-old pampering ritual from Indonesia, where this beauty treatment was once reserved for royalty living in Central Java. Lulur, a centuries-old Indonesian beauty ritual, begins with a relaxing full-body massage followed by the application of a Lulur body scrub to exfoliate dull skin. It concludes with soothing yogurt and moisturizing oils.

BALINESE BOREH RITUAL - 90 minutes IDR 1,415  
This traditional Balinese treatment begins with a relaxing body massage and followed a healing boreh body mask. It uses local ingredients such as clove, turmeric and nutmeg to warm the body and relieve tired muscles and achy joints. A healing recipe of indigenous herbs is used as a body exfoliate to induce heat, open clogged pores, and improve circulation and encourages the release of toxins.

THE CHOCOLATE RETREAT - 120 minutes IDR 1,845  
A refreshing treatment that is highly effective in improving the vibrancy of skin, reducing toxins and smoothing lines. Begin with a chocolate body mask treatment, which detoxifies and protects against sun damage while improving blood flow to the skin. End your retreat with a chocolate bath to boost your mood and dopamine, which will help keep you feeling motivated.

SWISS VITALITY PACKAGE - 150 minutes IDR 2,585  
A high-performance treatment designed to restore the natural balance, leaving the skin smooth and glowing. Amorotherapy massage marks the beginning of this ritual to and retain moisture in the deeper levels of skin, eases muscular tension and invites a sense of bliss followed by a skin-exfoliating brightening body scrub to help remove dead skin cells and nourishes the skin. Finished by a facial to perform your skin looks moist, glow brighter, younger, and bursts with moisture and vital energy.

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## ADDITIONAL TREATMENT

MILK BATH - 15 minutes

IDR 450

A milk bath leaves your skin feeling soft and supple. The fat and protein in the milk provides immediate benefits, keeping your skin hydrated and moisturized and is greatly beneficial in exfoliating your skin.

BRIGHTENING BODY SCRUB - 30 minutes

IDR 450

Make yourself more beautiful by enjoying a traditional massage followed by a brightening body scrub, which will remove dead skin cells and nourish your skin.

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# FACIAL THERAPIES



ANTI AGEING - 90 minutes

IDR 1,590

This intensely anti-ageing facial by Babor drives results using Blue Light Protect to minimise aging and wrinkles caused by free radicals. The treatment stimulates the production of collagen to lift, brighten and smooth maturing skin.

SENSITIVE SKIN FACIAL - 90 minutes

IDR 1,355

This facial is for sensitive skin and is suitable to strengthen and soothe the skin that is irritated. The treatment instantly protects the skin from aging and reduces the fine lines caused by stress and promotes soft and smooth skin using HEXA PEPTIDE-8.

BRIGHTENING AND HYDRATING FACIAL - 90 minutes

IDR 1,355

Our skin needs moisture, nourishment and protection. This treatment offers the most dramatic results for stressed, fatigued and dry skin. This intensive facial renews, recharges and re-builds the skin. Skin looks moist, glows brighter, appears younger and is bursting with moisture and vital energy.

PURIFYING FOR MEN - 90 minutes

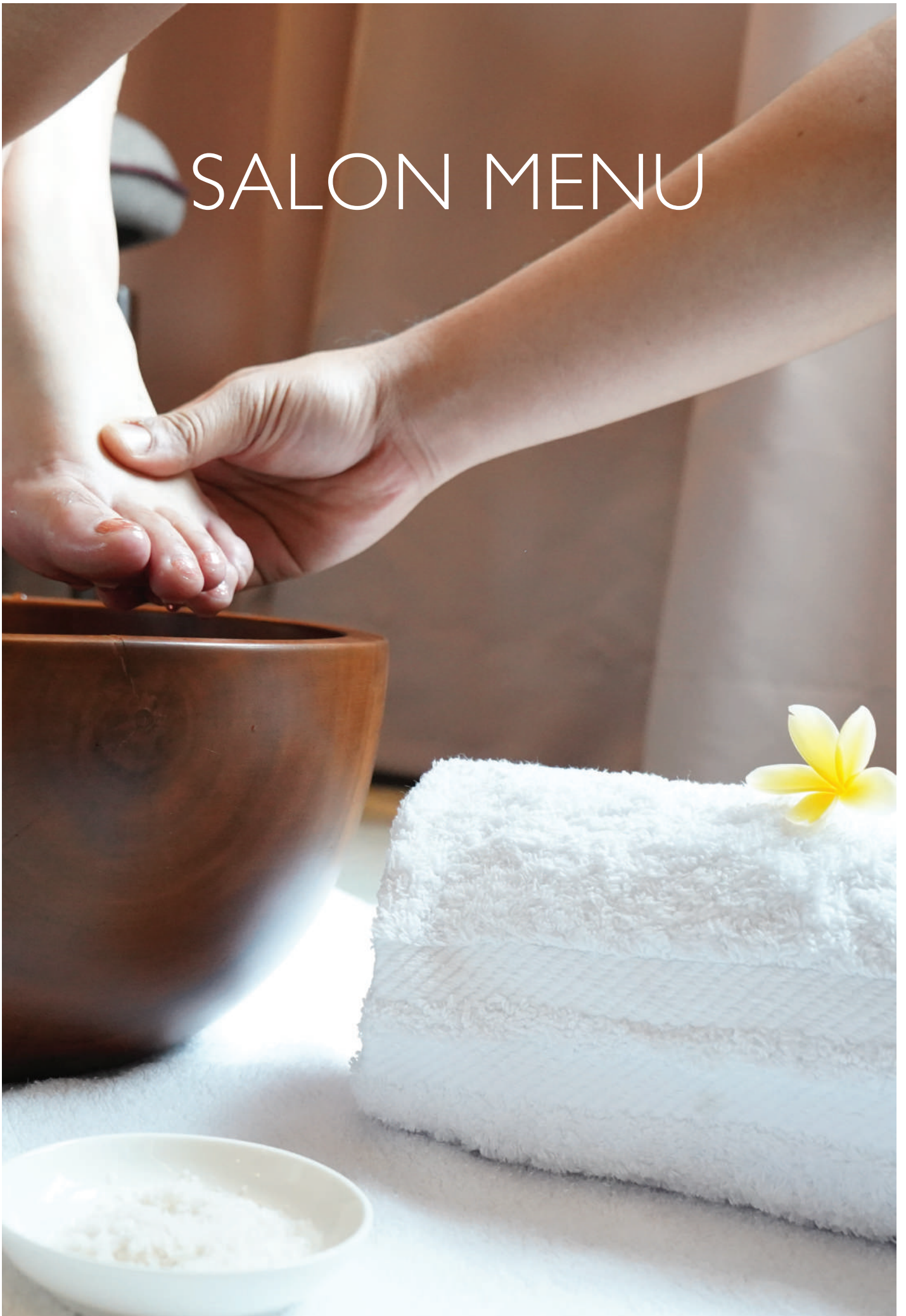
IDR 1,170

A treatment that regulates sebaceous secretions and detoxifies oil and acne-prone skin. It tightens your skin's pores, leaving your face and neck purified.

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# SALON MENU



# HAIR TREATMENT

HAIR CREAMBATH - 75 minutes

IDR 550

This is a relaxing cream-bath treatment that uses the benefits of traditional hair care rituals to stimulate circulation, nourish scalp cells and strengthen hair overall.

HAIR SPA - 75 minutes

IDR 650

A nourishing treatment with a hair mask. This treatment cleanses, hydrates and rebalances the scalp, resulting in shiny and healthier hair.

HAIR WASH - 20 minutes

IDR 330

# MANICURE & PEDICURE

TRADITIONAL MANICURE - 75 minutes

IDR 495

The ultimate treatment for your hands, this manicure features a relaxing hand massage that will leave your hands softer, brighter, and younger looking in addition to nail shaping, buffing and cuticle nail treatment.

TRADITIONAL PEDICURE - 75 minutes

IDR 495

Your feet are treated to a thorough cleansing and buffing. Starting with a soothing massage and callus removal, smoothing cracked skin and also just purely for relaxation. This treatment is for the well-being of your feet.

COLOURING

IDR 350

The selection of the right nail polish to match your manicure and pedicure.

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## ALPINE VITALITY IN. REALITY OUT.

The Pürovel philosophy is derived from the concept of wellbeing and the use of nature's resources to invigorate you with the help of alpine air and the changing seasons of the Swiss mountains.

## SPA ETIQUETTE

### Opening Hours

09.00 A.M. - 11.00 P.M.

### SPA ETIQUETTE

Food and beverages are NOT allowed in any activity areas and/or the locker rooms (except for those provided by Pürovel Spa & Sport). Guests with high blood pressure, heart conditions, medical complications or those who are pregnant are advised to consult their doctors before signing up for any Spa services. Guests with open blisters, cuts, contagious skin diseases etc. are advised to refrain from pool/ whirlpool/sauna usage. Guests with heart conditions and those with diabetes or people under the influence of drugs/alcohol should not use the pool/whirlpool/sauna. Long hair should be tied up or in a swimming cap. Appropriate swimwear and clothes must be worn at all times when using the steam room/-sauna.


### TREATMENT

Please complete a medical questionnaire prior to commencing a treatment and register before entering the Spa. If you have any type of medical condition, be sure to mention it when you book your appointment. Certain treatments may not be advisable for you. Before your treatment begins, inform your therapist of any medical concerns. Please advise us if you are wearing contact lenses before having a facial treatment.

To enjoy a complete spa experience including our welcome ceremony, please try to arrive 30 minutes prior to your treatment time.

If a late arrival is unavoidable, please inform our Spa reception at the earliest convenience. For late arrivals we might have to shorten your booking. If you need to cancel or reschedule a reservation, we require four hours' notice for individual services and packages. Appointments cancelled or rescheduled less than four hours before the treatment time will be fully charged.

'No show' guests will be charged the full amount. Appointments booked within less than four hours prior to the treatment are considered confirmed and cannot be cancelled. For every treatment you will be provided with disposable underwear that must be worn. We recommend that you leave all jewellery and valuables in your room before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.





## VALUABLES

We request that jewellery not be worn during your visit to the Spa and suggest that all valuables be left in the safe in your room for security reasons. Spa Management accepts no responsibility for damage of personal property or the safety of money and valuables, or any other personal item brought into the Spa premises.

## DRESS CODE

We provide robes and slippers, as well as a locker to store personal belongings in during your visit. Sports clothing and appropriate sports shoes must be worn in the fitness centre. Please remember to bring your swimwear. Slippers are not permitted in any sauna facilities. Proper bathing attire must be worn at all times in the pool or whirlpool. Cut-offs or loose clothes, nappies/ diapers and street attire are prohibited in the pool. Out of respect for different cultures, topless sunbathing and nudity are not allowed in the outdoor pool and spa, except in the sauna.

## DURING YOUR TREATMENTS

Please let your therapists know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. We want you to enjoy the experience as much as possible.

## AGE REQUIREMENTS

Spa guests must be 16 years old to enjoy the Pürovel Spa & Sport. Toddlers are not permitted to use the pool without wearing special nappies/diapers. Usage of any type of toys in the pool area is not permitted. For security purposes we advise you to equip your child with inflatable arm bands.

## SPECIAL CONSIDERATION

The management of Pürovel Spa & Sport reserves the right to change services without prior notice. Please confirm the price and availability of treatments before making an appointment.

## UNACCEPTABLE BEHAVIOUR

We do not permit vulgar behaviour, inebriated people or those under the influence of drugs on the premises. We also do not tolerate demeaning and abusive behaviour toward receptionists, therapists and any employee/guest or demanding extra services other than those found on our Spa menu. Guests insisting on services without an appointment when the Spa is fully booked will only disturb the peacefulness of the Spa.



## GIFT CERTIFICATES

Pürovel Spa and Sport gift certificates make a wonderful present for any special occasion. Please call or personally enquire at the spa reception for details and to purchase.

**Spa Management accepts no responsibility for damage or loss of personal property. Management reserves the right to refuse access to the facility. The use of the facility is at your own risk. The hotel is not liable for any injuries that might occur while using the Spa and its related facilities.**

