

ENTER
A
WORLD
OF
INDULGENCE

A circular inset image showing a woman from the chest up. She has long, wavy brown hair and is wearing a white, off-the-shoulder bathrobe over a yellow top. She is holding a small, light-colored ceramic cup with a handle. The background of the inset is a warm, golden-brown color, possibly a wall or a curtain.

SO/ AUCKLAND

AN AVANT-GARDE SPA PHILOSOPHY

The best things in life are bespoke.

Choose how long you want your spa moment to last. Then choose your treatment, mixing and matching as you wish.

Design your treatment your way – or leave it to us to decide.

SO/ Spa welcomes you from 10.00am to 8.00pm every day.

Time	OFFBEAT	PULSE
30 Minutes	\$95	\$105
60 Minutes	\$175	\$185
90 Minutes	\$235	\$245
120 Minutes	\$295	\$305
150 Minutes	\$355	\$365
180 Minutes	\$415	\$425

Offbeat pricing available Monday to Friday. Pulse pricing is applicable weekends & public holidays.

Prices are per person, per treatment session.

PETITE

ME

PICK

UPS



SKIN / BODY / 30 MINUTES

THE DESIGNER

Designed specifically for your skin's needs, this power-packed facial treatment of advanced natural ingredients leaves it refreshed, radiant and more youthful-looking.

DE-STRESS BACK RESCUE

Targeting the areas of stress unique to you, this focused moment releases muscle tension to have you catwalk ready — no matter what the day throws at you.

AROMASOUL BODY SCRUB

Pure volcanic rhyolite particles from Stromboli, Sicily, deeply exfoliate the silhouette while Karité Butter and Beta glucan provide intense nourishment.

THERMOGENIC ATTACK EXPRESS

A three-phase intensive remodelling and drainage treatment, ideal to treat improve microcirculation and tone skin for express, full-body soothing.

SKIN / 60 MINUTES

TRIPLE BERRY PERFORMANCE SPA FACIAL

A superfood smoothie of exotic berries and actives infuses 15% Vitamin B, rejuvenating hyaluronic acid, collagen-delivering nutrients by WATERLILY. Congested skin is clarified, inflammation soothed and hydrated to make skin resilient and more luminous. Perfect for youthful blemish-prone skin through to mature or uneven skin.

VINO THERAPY PERFORMANCE SPA FACIAL

A deliciously powerful WATERLILY antioxidant treatment to protect and enhance collagen production while even out skin tone and texture for a beautiful replenished firm and glowing complexion, with actives from Shiraz wine pressings and raw, organic chocolate.

ROSE PEPTIDE PERFORMANCE SPA FACIAL

The ultimate collagen-inducing skin treatment. It harnesses the WATERLILY antioxidant multi-vitamin complex, liposomal collagen and brightening resveratrol. Rose and raspberry lift, firm and remodel skin for a rejuvenated tone and texture.

SUBLIME SKIN

Hit reset on your skin's radiance with a no-downtime renewal treatment. An innovative double peel by COMFORT ZONE followed by a lifting mask for immediate rejuvenation. The Active-lift™ Massage then naturally softens wrinkles and invigorates skin tone and facial muscles.

RECOVER TOUCH

Nurture your skin and recover from the damage caused by sun, flying, pollution, and ageing. The antioxidant, replenishing combination of COMFORT ZONE's organic Goji Berry and Macadamia Oil leaves the skin soft, nourished and replenished.

HYDRA-GLOW

The unique combination of Lactic Acid, Hyaluronic Acid and Prickly Pear extract and a series of cooling COMFORT ZONE Ice Spoons face massage make for an ultimate boost of hydration help renew the skin, deeply hydrate and restore a dewy glow.

THE MORNING AFTER OR THE NIGHT BEFORE

Optional eye add-on

Great before going out — and most definitely the morning-after. This refreshing eye mask hydrates, soothes and plumps skin around the eye area for one last indulgence. Fatigued eyes are luminous, ready to take on a momentous day — or evening.

20 MINUTES / \$50.00

BODY / 60 MINUTES

HIMALAYAN SALT TREATMENT

Detoxifying and revitalise with pink Himalayan salt in its purest, most potent form. A salt body scrub intensely purifies and cleanses skin. Solid salt stones then release tension and further disperse natural essential minerals through a full-body COMFORT ZONE massage.

BODY FIRMING THERAPY

A deeply replenishing treatment to restore body tone, elasticity and moisture balance to the skin. Skin is left smoothed, soft, silky and firm.

MARINE BODY WRAP RITUAL

A Thalasso inspired ocean ritual where rich, detoxifying algae extracts intensified with crushed citrus and blue volcanic clay crème actively clarify, tone and revitalise the body in an decadent full-body masque. A full body massage with WATERLILY white grapefruit and lemon rind targets cellulite, congestion and uneven skin tone.

MOROCCAN MELT BODY RITUAL

An opulent Hammam-style ritual with a papaya, walnut and vanilla enzymatic exfoliation followed by a replenishing whipped French clay crème masque, with Moroccan rose absolute and layers balsam and coffee. Skin is treated to a full-body WATERLILY balm massage infused with pure Vitamin E, omega serums and precious, cold-pressed oils.

VINO THERAPY BODY RITUAL

A Shiraz and whipped chocolate crème full-body mousse masque is layered with strawberry, citrus and blackcurrant extracts to hydrate, replenish and brighten skin. It begins with a fermented papaya enzymatic exfoliation, and is finished a full-body hydration massage infused with WATERLILY molten cocoa butter and vitamin E.



MASSAGE / 60 MINUTES



RELAX, TAKE IT EASY

Complete, indulgent relaxation. A bespoke aromatic blend of organic essential oils is applied using soothing hand movements to relieve stress and tension leaving you relaxed and realigned from head to toe. Light to medium pressure.

EXPERT NEEDED

Rejuvenate and invigorate the senses. A combination of advanced massage techniques designed to work the deeper levels of the body tailored to your individual needs as indicated to your expert therapist. Light to firm pressure.

AROMASOUL ELEMENTS MASSAGE

Where the remarkable, renowned therapeutic gifts of aromatherapy take centre stage. A personalised selection from of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean lead the way. From there, an intuitive massage restores the body and soul.

TRANQUILLITY™ PRO-SLEEP MASSAGE

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts engages essential oil blends to effectively induce a state of deep rest. Ideal as jet lag recovery.

CONTRAST MINERAL TREATMENT

Fire and ice embody this deeply relaxing and healing treatment. Heated mineral-rich lava flow basalt stones are used to massage the body in long, soothing movements, releasing muscular aches and pains, balancing mind and spirit.

NEW LIFE MUM

A gentle elasticising, nurturing massage, perfect for during pregnancy as well as post-pregnancy. It reduces swelling, improves circulation and contributes to skin silkiness and tone. Suitable from 12 weeks.

THE FINER DETAILS

WELLNESS FLOOR

Access to SO/ Spa amenities are complimentary for guests who have booked a treatment of 30-minutes or more, to enjoy at their leisure before and after their session. This includes a shared sauna, jacuzzi, indoor swimming pool and gym. Please bring swimwear – the hotel provides towels, bath robes and slippers.

RESERVATIONS

We recommend booking in advance to secure preferred date and time. Bookings made by hotel guests with SO/Spa are guaranteed by the signing of a reservation. Bookings made by external guests may be secured by a credit card or cash payment.

SPA ETIQUETTE

We encourage you to arrive 15 minutes prior to your treatment to make the most of your spa experience. Late arrival may reduce your treatment time.

CANCELLATION POLICY

Cancellation is free of charge if made 12 hours in advance for individual bookings, and 48 hours for group bookings. Hotel guests must give four hours' notice, after which the full cost of the treatments will be charged.

PARKING

Valet parking is available for \$25 when you have a treatment booked. Settlement is at SO/ Auckland's reception.